



TAGB LINCOLNSHIRE TAE KWON-DO CHAMPIONSHIPS



SATURDAY 25th SEPTEMBER 2021

**Grantham Meres Leisure Centre
Trent Road, Grantham, Lincs NG31 7XQ**

Dear Instructor

You and your students are invited to join us at the above competition.

CHANGES FOR THIS EVENT

THE JUNIOR SPEED KICKING EVENT WILL AWARD 1 X GOLD - 1 X SILVER - 1 X BRONZE

ALL TAG-TEAM SPARRING - 2 COMPETITORS PER TEAM

Please **ONLY** use the **NEW** tournament entry forms included in this information pack (*photo-copy as required*)

OFFICIALS

We rely on your help in providing Referees & Umpires.

Black TAGB officials T-Shirt or White Shirt and TAGB tie.

ALL working officials who PUT THEIR NAME DOWN IN ADVANCE will be provided with refreshments throughout the day!

COMPETITORS

White TAGB Doboks, TAGB Tigers Doboks or Club Doboks

No entries accepted unless you hold a current TAGB licence number !

ALL TEAMS MUST BE ENTERED AND PAID FOR ON THE DAY

If you are only competing in the team events you will need a spectator ticket for the rest of the day.

TICKETS/ENTRY PRICES:

Individual Entry - **£9.00** per event

Spectator Tickets - IN ADVANCE **£ 8.00** - ON THE DAY **£10.00**

Teams (per person) **£ 5.00** All Teams registered and paid for on the day

CLOSING DATE FOR ALL INDIVIDUAL ENTRIES AND OFFICIALS

Please ensure you return all entries on or before: **FRIDAY 10th SEPTEMBER 2021**

Please **ONLY** send the **Master Entry Forms** and include your postal address for wristbands

ONLINE ENTRIES

BANK DETAILS:

Sort Code: 20-34-60

Account: 40699624

Account Name: TKD Clubs

E-mail entries to: info@tkdclubs.com

POSTAL ENTRIES

All cheques payable to: **TKD Clubs**

SEND TO:

219 Angelica Road

LINCOLN

LN1 1BH

COMPETITOR INFORMATION LETTER

PLEASE READ THIS IMPORTANT INFORMATION.....

If you are a Competitor / Instructor / Official / Helper / Parent / Carer

ALL OFFICIALS & HELPERS TO ARRIVE AT 8.30am

ALL COMPETITORS & SPECTATORS - DOORS OPEN AT 9.00am

SPECTATORS will NOT be allowed on to the sports hall competition area, or in the competitor waiting area. Welfare Officers will be on hand to look after junior competitors during the day

TICKET PRICES

Individual entries - **£ 9.00 per event**

Advanced Spectators **£ 8.00** - On The Day Spectators **£10.00** *(no guaranteed entry if paying on the day)*

2 person Tag Sparring Team (per team) **£ 10.00**

2 person Patterns Team (per Team) **£10.00**

PLEASE READ THIS IT IS VERY IMPORTANT

Please double check your entry form with your Instructor and ensure you have entered EVERY CATEGORY you want to compete in. Any additions on the day will cost **£10.00** PLUS a **£10.00** Admin Fee.

Any alterations to entries on the day (i.e. failure to make your weight/height, or the wrong belt colour, etc entered on the club master entry form), will incur a **£10.00** Admin Fee.

If competitors choose to sit in the spectators area we cannot be responsible if they do not hear calls or Instructions. We have appointed "Welfare officers", to look after the children in the sports hall.

An appointed photographer will be in the designated podium area taking shots of the winners which will be available to download off the Lincolnshire Championships Facebook page.

TEAM REGISTRATION WILL BE PAID ON THE DAY - See above for prices

It is the responsibility of the person who registers the team to ensure all team members are the correct belt colour and height for that division. Junior height testers will be available on the day.

All team events will commence after the individual events.

If you are only competing in the team events you will need to pay a spectator fee for the rest of the day

For Insurance purposes ALL competitors MUST have a current TAGB licence number and All sparring competitors MUST have a FULL SET of TAGB branded sparring equipment.

(Head guard, Foot and Hand Pads, Shin Pads, Gum Shield and male competitors, including boys a Groin Guard)

We reserve the right to amend, merge or alter any divisions if there are less than:

5 competitors in sparring, or 4 competitors in patterns, flying kicks or speed kicking.

**NO VIDEOS / CAMERAS / CAMERA PHONES ALLOWED
ANYONE CAUGHT WILL BE ASKED TO LEAVE THE COMPETING AREA**

(1) TRADITIONAL INDIVIDUAL PATTERNS EVENT

JUNIORS (UP TO AND INCLUDING 15 YEARS) BOYS AND GIRLS SEPARATE DIVISIONS

ADULTS (OVER 16 YEARS) MEN AND LADIES SEPARATE DIVISIONS

COMPETITORS CAN PERFORM A PATTERN FROM THE LIST BELOW

WHITE BELTS & YELLOW STRIPES	SAJU JIRUGI	CHON-JI	
YELLOW BELTS & GREEN STRIPES	CHON-JI	DAN-GUN	DO-SAN
GREEN BELTS & BLUE STRIPES	DO-SAN	WON-HYO	YUL-GOK
BLUE BELTS & RED STRIPES	YUL-GOK	JOONG-GUN	TOI-GYE
RED BELTS & BLACK STRIPES	TOI-GYE	HWA-RANG	CHOONG-MOO
BLACK-BELT - 1st DEGREE	CHOONG-MOO KWANG GAE	PO EUN	GAE BAEK
BLACK-BELT - 2nd DEGREE	EUI AM	KO DANG	CHOONG JANG
BLACK-BELT - 3rd DEGREE	SAM IL	YOO SIN	CHOI YONG
BLACK BELT - 4th DEGREE	TONG IL	UL JI	SEE JONG
BLACK BELT - 5th DEGREE +	MOON MOO	YOUNG GAE	SO-SAN

* Dan Grade Black Belt Divisions will be split depending on the amount of entries received.

**THERE WILL BE 1 X GOLD - 1 X SILVER - 1 X BRONZE
IN EACH PATTERNS DIVISION**

*ALL PATTERNS DIVISIONS WILL BE SEPARATED DEPENDING ON
THE AMOUNT OF ENTRIES RECEIVED*

(2) JUNIORS (UP TO & INCL 15 YRS) FLYING KICKS COMPETITION

SEPARATE DIVISIONS FOR BOYS AND GIRLS

All pads will be provided on the day and held by area officials at shoulder height to each competitor.
Each competitor will be given the opportunity of one line-up.

The kick can be performed with choice leg and will be judged on:
PRESENTATION - BALANCE - POWER - FOOT SHAPE - ETC.
THE COMPETITOR CAN PERFORM THE KICK FROM STANDING OR WITH A RUN UP (BUT MUST NOT STEP OUT OF THE COMPETITION AREA)

Deductions will be made for:
LOSS OF BALANCE
STEPPING OUT OF THE COMPETITION AREA (BEFORE OR AFTER THE KICK)
THE BALANCING LEG MUST BE OFF THE FLOOR ON IMPACT WITH THE PAD - must be a flying kick
MISSING THE FOCUS PAD COMPLETELY, ETC.

THE COMPETITION WILL BE JUDGED WITH SCORE CARDS.
In the event of a play off for any of the top 3 places the competitors will go through to a second round where they will be required to attempt the same kick but with the opposite leg.

THERE WILL BE 1 X GOLD - 1 X SILVER - 1 X BRONZE IN EACH DIVISION

GRADE	KICK
WHITE BELTS & YELLOW STRIPES	FLYING FRONT KICK
YELLOW BELTS & GREEN STRIPES	FLYING FRONT KICK
GREEN BELTS & BLUE STRIPES	FLYING SIDE KICK
BLUE BELTS & RED STRIPES	FLYING SIDE KICK
RED BELTS & BLACK STRIPES	FLYING SIDE KICK
BLACK BELTS (ALL DANS)	FLYING SIDE KICK

All divisions will be separated depending on the number of entrants received

(3) JUNIORS *(UP TO & INCL 15 YRS)* **SPEED KICKING COMPETITION**

SEPARATE DIVISIONS FOR BOYS AND GIRLS

All pads will be provided on the day and held by area officials at chest height to each competitor.

The competition will be how many kicks a competitor can attempt in **30** seconds.

RULES

The attempt can be with choice leg (left or right) but all kicks must be with the same leg and made with the instep. The kicking foot must touch the floor between each kick. Competitors will be discouraged from kicking with impact force.

Kicks will be deducted (or not counted) if:

- ⇒ THE FOOT MISSES THE PAD
- ⇒ THE KICKING FOOT DOES NOT TOUCH THE FLOOR BETWEEN KICKS

In the event of a play off competitors will go through to a second round where they will be required to attempt the same time with the opposite leg.

The decision of the area chief referee will be final.

THERE WILL BE 1 X GOLD - 1 X SILVER - 1 X BRONZE IN EACH DIVISION

This event is open to All Juniors (up to 15 years).

Girls and Boys will be separate and all belt divisions will be split depending on the number of entrants received.

(4/J) JUNIOR INDIVIDUAL (POINT-STOP) SPARRING DIVISIONS

JUNIORS (UP TO AND INCLUDING 15 YEARS) BOYS AND GIRLS SEPARATE DIVISIONS

THERE WILL BE 1 X GOLD 1 X SILVER 2 X BRONZE IN EACH POINT SPARRING DIVISION

JUNIOR POINT STOP SPARRING DIVISIONS

WHITE YELLOW & GREEN	BLUE & RED	BLACK
TINY TOTS up to & incl 122 cm	TINY TOTS up to & incl 122 cm	TINY TOTS up to & incl 122 cm
PEE WEE Over 122 cm up to and incl 137cm	PEE WEE Over 122 cm up to and incl 137cm	PEE WEE Over 122 cm up to and incl 137cm
LIGHTWEIGHT Over 137 cm up to and incl 152 cm	LIGHTWEIGHT Over 137 cm up to and incl 152 cm	LIGHTWEIGHT Over 137 cm up to and incl 152 cm
MIDDLEWEIGHT Over 152 cm up to and incl 168 cm	MIDDLEWEIGHT Over 152 cm up to and incl 168 cm	MIDDLEWEIGHT Over 152 cm up to and incl 168 cm
HEAVYWEIGHT Over 168 cm	HEAVYWEIGHT Over 168 cm	HEAVYWEIGHT Over 168 cm

TINY TOTS DIVISION 1 X 1 minute round
ALL OTHER DIVISIONS ABOVE 1.5 minute rounds

*WE RESERVE THE RIGHT TO ALTER, MERGE OR CHANGE ANY DIVISION IF THERE ARE
LESS THAN 5 COMPETITORS IN A CATEGORY*

(4/A) ADULT INDIVIDUAL (POINT STOP) SPARRING DIVISIONS

ADULTS (OVER 16 YEARS) LADIES & MEN SEPARATE DIVISIONS

ADULT LADIES POINT STOP SPARRING DIVISIONS

WHITE YELLOW & GREEN	BLUE & RED	BLACK
LIGHTWEIGHT UP TO 55 KG	LIGHTWEIGHT UP TO 55 KG	LIGHTWEIGHT UP TO 55 KG
MIDDLEWEIGHT Over 55 KG up to and incl 65 KG	MIDDLEWEIGHT Over 55 KG up to and incl 65 KG	MIDDLEWEIGHT Over 55 KG up to and incl 65 KG
HEAVYWEIGHT OVER 65 KG	HEAVYWEIGHT OVER 65 KG	HEAVYWEIGHT OVER 65 KG

ALL DIVISIONS ABOVE 1.5 minute rounds

ADULT MENS POINT STOP SPARRING DIVISIONS

WHITE YELLOW & GREEN	BLUE & RED	BLACK
LIGHTWEIGHT UP TO AND INCL 70 KG	LIGHTWEIGHT UP TO AND INCL 70 KG	LIGHTWEIGHT UP TO AND INCL 70 KG
MIDDLEWEIGHT over 70 KG up to & incl 80KG	MIDDLEWEIGHT over 70 KG up to & incl 80KG	MIDDLEWEIGHT over 70 KG up to & incl 80KG
HEAVYWEIGHT OVER 80 KG	HEAVYWEIGHT OVER 80 KG	HEAVYWEIGHT OVER 80 KG

ALL DIVISIONS ABOVE 1.5 minute rounds

WE RESERVE THE RIGHT TO ALTER, MERGE OR CHANGE ANY DIVISION IF THERE ARE LESS THAN 5 COMPETITORS IN A CATEGORY

(5) INDIVIDUAL “CONTINUOUS” SPARRING DIVISIONS ADULT BLACK-BELTS ONLY

Separate Divisions For Ladies & Men

ADULT BLACK-BELTS **CAN** ENTER **BOTH** POINT STOP &
CONTINUOUS SPARRING
YOU MUST BE OVER **16** YEARS OF AGE TO COMPETE IN
BLACK-BELT CONTINUOUS SPARRING

ADULT LADIES BLACK-BELT CONTINUOUS SPARRING

LIGHTWEIGHT	UP TO 55 KG
MIDDLEWEIGHT	over 55 KG up to and incl 65 KG
HEAVYWEIGHT	OVER 65 KG

ALL DIVISIONS ABOVE 1.5 minute rounds

ADULT MENS BLACK-BELT CONTINUOUS SPARRING

LIGHTWEIGHT	UP TO AND INCL 70 KG
MIDDLEWEIGHT	over 70 KG up to and incl 80 KG
HEAVYWEIGHT	OVER 80 KG

ALL DIVISIONS ABOVE 1.5 minute rounds

THERE WILL BE 1 X GOLD - 1 X SILVER - 2 X BRONZE IN EACH CONTINUOUS SPARRING DIVISION

*WE RESERVE THE RIGHT TO ALTER, MERGE OR CHANGE ANY DIVISION IF THERE
ARE LESS THAN 5 COMPETITORS IN A CATEGORY*

(6) BLACK BELT (ADULTS ONLY) DESTRUCTION

Separate Divisions for Men & Ladies

Competitors **CAN** Enter **BOTH** Hand and Foot Techniques

Ladies Hand	Any Hand (including Elbow)
Ladies Foot	Any Standing Kick

Mens Hand	Any Hand (NOT including Elbow)
Mens Foot	Any Standing Kick

THERE WILL BE 1 X GOLD IN EACH DESTRUCTION DIVISION

(7) TEAM PATTERNS (2 MEMBERS PER TEAM)

There are 3 separate categories in the team patterns event

A competitor can compete in 2 separate categories BUT only in one team per category.

7/J JUNIORS *(both team members must be under 16 yrs)*

Any mix of belts & mixed boys & girls allowed

Both Team members must perform the same pattern in unison (MUST BE A TRADITIONAL TKD PATTERN)

Both Team members can ONLY perform a pattern up to the lowest grade in the team - See Patterns List Below

7/A ADULTS *(both team members must be over 16yrs)*

Any mix of belts & mixed men & ladies allowed

Both Team members must perform the same pattern in unison (MUST BE A TRADITIONAL TKD PATTERN)

Both Team members can ONLY perform a pattern up to the lowest grade in the team - See Patterns List Below

7/M MIXED *(One member must be UNDER 16yrs and one member must be OVER 16yrs)*

Any mix of belts & mixed male & female allowed

Both Team members must perform the same pattern in unison (MUST BE A TRADITIONAL TKD PATTERN)

Both Team members can ONLY perform a pattern up to the lowest grade in the team - See Patterns List Below

PATTERNS LIST

YELLOW STRIPES	UP TO CHON-JI	BLUE BELTS	UP TO CHOONG-GUN
YELLOW BELTS	UP TO DAN-GUN	RED STRIPES	UP TO TOI-GYE
GREEN STRIPES	UP TO DO-SAN	RED BELTS	UP TO HWA-RANG
GREEN BELTS	UP TO WON-HYO	BLACK STRIPES	UP TO CHOONG-MOO
BLUE STRIPES	UP TO YUL-GOK	BLACK BELTS	ANY PATTERN UP TO DAN GRADE

THERE WILL BE 1 x GOLD 1 X SILVER 1 X BRONZE *(medals for all team members)*

IF THERE IS ONLY ONE TEAM IN ANY DIVISION THEY WILL BE AWARDED THE GOLD MEDAL

ALL TEAMS TO REGISTER AND PAY ON THE DAY

(8) TAG TEAM SPARRING (2 MEMBERS PER TEAM)

BLACK BELTS ARE IN SEPARATE DIVISIONS TO COLOURED BELTS

All Team matches are Point Stop of **3 minutes*** duration.

Anytime the bout is stopped by the referee, the current fighter can change with his/her team by tagging the team members glove.

Both members of the team **MUST** fight at some stage during the bout.

Teams who do not have 2 fighters will not be allowed to continue in the competition.

No substitutes will be allowed for injury or disqualification.

If a team member is disqualified in the individual sparring event they will **NOT** be allowed to enter the team event and the team will forfeit their entry as substitutes are not allowed

*bout time duration is subject to change on the day at the discretion of the chief umpire

8/J BOYS TEAMS AND GIRLS TEAMS SEPARATE DIVISIONS

(NO MIXED BOYS & GIRLS TEAMS)

ALL TEAM MEMBERS MUST BE UNDER 16 YRS

It is the responsibility of the person entering the team to ensure both members are within the correct height and belt category for that team. Height checkers will be available on the day.

The team will be disqualified if any team member is not within the correct height or belt specifications.

HEIGHT CATEGORIES Both members must height test within the following height specifications

⇒ **LIGHTWEIGHT TEAMS up to and including 152 cms**

⇒ **HEAVYWEIGHT TEAMS over 152 cms**

2 PERSON TEAM - WHITE/YELLOW/GREEN BELTS TOGETHER - HEIGHT CATEGORIES AS ABOVE

2 PERSON TEAM - BLUE/RED BELTS TOGETHER - HEIGHT CATEGORIES AS ABOVE

2 PERSON TEAM - BLACK BELTS - HEIGHT CATEGORIES AS ABOVE

1 X GOLD 1 X SILVER 2 X BRONZE (*medals for both team members*)

8/A MENS TEAMS AND LADIES TEAMS SEPARATE DIVISIONS

(NO MIXED MEN & LADIES TEAMS)

ALL TEAM MEMBERS MUST BE OVER 16 YRS

Ladies & Mens Divisions will be Open Weight.

2 PERSON TEAM - WHITE/YELLOW/GREEN BELTS TOGETHER

2 PERSON TEAM - BLUE/RED BELTS TOGETHER

2 PERSON TEAM - BLACK BELTS

1 x GOLD 1 X SILVER 2 X BRONZE (*medals for both team members*)

IF THERE IS ONLY ONE TEAM IN ANY DIVISION THEY WILL BE AWARDED THE GOLD MEDAL

ALL TEAMS TO REGISTER AND PAY ON THE DAY