

## Instructor's Pack Content list

Dear Instructor,

Please find in this pack all the forms and information for this year's championships. Most of the forms can be filled in on your computer using the Official TAGB Schools Programme, or you can print off and hand write the samples here.

The contents of the pack are as follows:

- 1. This List.**
- 2. Grand Master Sergiew's Welcome Letter.**
- 3. Championship Rules** (*Please read carefully as these differ from the TAGB National championships rules*).
- 4. Executive Event Rules** (*This is completely different to the TAGB National Championship event*).
- 5. Flying Side Kick Event Rules** (*junior event only*).
- 6. Speed Kicking Event Rules** (*junior event only*).
- 7. Tag Team Sparring Event Rules** (*This is like the TAGB national events, entry on the day only*).
- 8. Team Pattern Event Rules** (*entry on the day only*).
- 9. Student's Entry Form** (*This is the blank form for you to print off and then write on*).
- 10. School Entry Listing Form** (*This is the blank form for you to print off and then write on*).
- 11. Officials Application Listing** (*Please enter your Black Belt Officials that will be attending. This form can be posted or emailed to [t.coleman@nmtkd.org.uk](mailto:t.coleman@nmtkd.org.uk)*).
- 12. Ultimate Striker Event** – (Anyone wishing to enter the ultimate striker event please copy and follow the web link below. Entry to the event is separate).  
<https://citstorage2.z33.web.core.windows.net/#landing/4b39a2c9-56d8-419a-839a-1593535eda52>

## Grand Master Sergiew's Welcome letter

Dear Instructor,

I would like to welcome you and your students, along with the North Midlands Instructors, to come along, take part and enjoy our North Midlands Championships 2023.

The Championships have taken place in Derby & Notts for over 25 years and are viewed as one of the "friendliest" events in the TAGB Calendar, and an event where new competitors can sample the competition arena through a number of tailored events.

This year's North Midlands Championships are being held on Sunday 17<sup>th</sup> September 2023, and once again at the **Wildcats Arena, Greenwood Road, Sneinton, Nottingham NG3 7EB.**

Please note for postal entries: **PLEASE USE THE ENTRY FORM ENCLOSED** as the North Midlands Championship has different weight divisions to a national championship. Please send to TAGB Admin Services, PO Box 16641, Tamworth, Staffs B77 9NA, cheques payable to R Sergiew. **The postal entries closing date is Wednesday 6<sup>th</sup> September 2023.**

Online entries can be made through the "OFFICIAL TAGB SCHOOL'S PROGRAM". The online entry portal will open on Monday 4<sup>th</sup> September 2023 (After the Scottish Champs). **The closing date for online entries is Wednesday 13<sup>th</sup> September 2023.**

Students can also print off and fill in a Student's Entry Form from the North Midlands website [www.nmtdk.org.uk](http://www.nmtdk.org.uk), and hand it to their instructor with the entry fee. **Please note:** Only instructors can enter students, students will not be allowed to enter themselves.

The championship events will once again include: Patterns; Sparring; plus the two additional events specially for juniors, Speed Kicking and Flying Side; along with the North Midlands unique Executive Black Belt Event combining all disciplines patterns, sparring and power test.

The instructor's commission is £1 for each event entered and £1 for each adult spectator ticket paid for in advance. Children under sixteen can only pay half price on the door and this will be at the organiser's discretion.

Instructors, please enter each school on separate School Entry Lists. A blank schools list is available in the pack.

Each school Instructor is asked to provide qualified officials if possible. All officials are appreciated, without your support there would be no event.

I look forward to you joining us for an enjoyable 2023 Championships.

Regards,

**Grand Master Sergiew 9th Dan**

## Championship Rules

**Date:** 17/09/23

**Doors Open** 9.00am

**Starting at** 09.30 am.

**Venue:** Wildcats Arena, Greenwood Rd, Nottingham NG3 7EB

**Competitors:** Per event £15.00p (3 or more events £40.00)

**Spectators:** Adults £10.00p under sixteen half price; under-five's free  
(Under sixteen to pay on the door, half price fee will be at the organiser's discretion).

**(TAGB WHITE SUITS OR CLUB SUITS ONLY TO BE WORN AT THIS EVENT,  
NO INTERNATIONAL TAGB SUITS)**

### STRICT ENTRY CLOSING DATES

For postal entries to be received by TAGB Admin Wednesday 6<sup>th</sup> September 2023.

Online School Program Entries Wednesday 13<sup>th</sup> September 2023 (Wristbands Collected At The Door)

**Categories:** **Adults:** Male and female separate

**Children (under 16's):** Male and female separate. (Please note there is NO CADETS category. 16 year old = Adult).

**Executive:** Male and female separate. (Black Belts only).

**All sparring point stop:** Yellow (including yellow stripe), Green, Blue, Red, and Black belt. Belt divisions are by belt colour (e.g. green belt includes blue stripe).

Sparring	Ladies	Men	Children
Tiny Tots: (yellow/green belts combined, minimum of 4)			up-to 122 cm
Pee Wee:			up to 137 cm
Lightweight:	up-to 55 kg	up-to 67 kg	up to 152 cm
Middleweight	up-to 60 kg	up-to 77 kg	up to 168 cm
Heavyweight	over 60 kg	over 77 kg	over 168 cm
<b>Patterns</b>			
Yellow belt:	Chon-Ji, Dan-Gun, Do San		
Green belt:	Do-San, Won-Hyo, Yul Gok		
Blue belt:	Yul-Guk, Joong-Gun, Toi Gye		
Red belt:	Toi-Gye, Hwa-Rang, Chung Moo		
Black belt:	<b>Adults</b> any Black Belt pattern (including Chung Moo). <b>Juniors</b> any Black Belt pattern for their next grading		

**NOTE – THE ULTIMATE STRIKE EVENT IS A SEPARATE ENTRY – FOLLOW ENTRY LINK**

Destruction	Hand	Foot
Men	Choice (including elbow on black boards)	Choice
Ladies	Choice (including elbow on white boards)	Choice

**Executive Pattern & Sparring Knock-out** (students entering this event can also pay & enter other black belt events).

**Flying Side Kick & Speed Kicking** (junior events only)

**Tag Team Sparring & Team Patterns** (can only be entered & paid for ON THE DAY).

## Executives Event Rules

The Executive event will be open to Black Belts, Ladies 35 and over and Men 40 and over.

### **THIS IS A COMBINED PATTERNS, SPARRING, AND POWER TEST EVENT.**

Ladies and Men will compete separately with no weight divisions. Entrants in this event may also compete in the traditional Black Belt divisions if they wish.

The Pattern section will be run under European pattern knock-out rules, where two competitors will at the same time perform a pattern STRICTLY taken from the three for their next grading, the pattern considered the best performed by the judges, is awarded 2 Points.

In the Sparring section the winner of each 2 min bout will be awarded 2 Points, (1 point to each competitor in the event of a draw).

The event-draw will be made on the day. Each competitor will compete in a minimum of 2 bouts of sparring and patterns.

The final placings will be based on the overall points accumulated for wins in the Sparring and Patterns sections, based on 2 Points for every bout won of Patterns or Sparring. Any competitor receiving a bye will also receive 2 points.

The total pattern points and sparring points, earned for each bout won, will be added up to give the 1st or 2nd, and 3rd highest placed scores for Gold or Silver and Bronze.

The two highest scores will compete a final bout of each, sparring + patterns + power strike pad consecutively (the order decided by the toss of a coin). Highest points of the 3 disciplines the winner. (In the event of a tie, the finalists will be weighed and the lightest awarded the win).

[Where there is a tie for the second finalist, the decision will be made via Power Test]

## Flying Side Kick Event Rules; Juniors Only

Under 16 years – girls and boys separate divisions

### **Grade Divisions (As Per Patterns, enter Code Fsk)**

Yellow Stripe to Green Stripe  
Green Belt & Blue Stripe  
Blue Belt & Red Stripe  
Red Belt & Black Stripe  
Black Belts

All pads will be provided on the day.

The pads will be held by the area officials, at the competitor's SHOULDER HEIGHT

Each competitor will be given the opportunity of one line-up.

The competitor can select Flying Front or Side kick, and can perform with choice leg. The judges scoring will be made on:

**Presentation**  
**Technique**  
**Balance**  
**Power**  
**Foot-Shape**

The competitor can perform the kick from STANDING OR WITH A RUN UP but must not step out of the ring area.

Judges will score using the pattern score cards.

DEDUCTIONS will be made for:

**Loss of balance**  
**Stepping out of the ring area before or after the kick**  
**Missing the focus pad completely**  
**The balancing foot must be off the floor at the point of impact on the pad**

In the event of a play off for 1st, 2nd, 3rd, places, each competitor will be required to perform the kick with the opposite leg.

**AWARDS = 1 X GOLD; 1 X SILVER; 1 X BRONZE**

## Speed Kicking Event Rules; Juniors Only

How many kicks can the competitor complete in 30 seconds?

Under 16 years – girls and boys separate divisions

### Three Grade Divisions Only (Enter Code Sk)

Yellow Stripe to Blue Stripe

Blue Belt to Black Stripe

Black Belts

All pads will be provided on the day.

The pads will be held by the area officials, at the competitor's CHEST HEIGHT

### RULES:

**The attempt can be with a choice leg (l or r)**

**All kicks must be with the same leg**

**The kicks must be with the instep**

**The kicking foot must touch the floor between each kick**

**Competitors will be discouraged from kicking with impact force**

**Kick deductions will be made for:**

**Any kick missing the pad**

**The kicking foot not touching the floor between kicks.**

**In the event of a play-off competitor will perform A SECOND ROUND using the opposite leg**

**AWARDS = 1 X GOLD PER DIVISION**

## Tag Team Sparring Event Rules

Teams will consist of a 3-person team.

Bouts will be for 4 minutes.

All team matches will be point stop.

When a bout is stopped, team members can touch gloves to change.

All 3 members must fight at some stage during the bout.

### Adult Three Person Team.

Please note there are no weights.

### Team Gender & Ranks.

MALE                BLACK BELTS.  
                         RED & BLUE BELTS.  
                         GREEN & YELLOW BELTS.

FEMALE            BLACK BELTS.  
                         RED & BLUE BELTS.  
                         GREEN & YELLOW BELTS.

### Children Three Person Team.

Please note children must be at least 122 cm, also there are only two height divisions.

From 122 cm to under 152 cm

Over 152 cm

### Gender Team Ranks.

BOYS                BLACK BELTS.  
                         RED & BLUE BELTS.  
                         GREEN & YELLOW BELTS.

GIRLS                BLACK BELTS.  
                         RED & BLUE BELTS.  
                         GREEN & YELLOW BELTS.

PLEASE NOTE: ENTRY TO THIS EVENT IS ON THE DAY, £15 PER TEAM

## Team Pattern Event Rules - 2 Members Per Team

### Categories

#### **JUNIORS**

Any mix of belts, and mix of boys and girls,  
BOTH team members must be UNDER 16.

#### **ADULTS**

Any mix of belts, and mix of male and  
female, BOTH team members must be 16 OR OVER

#### **MIXED JUNIOR + ADULT**

Any mix of belts, and mix of male and female.  
One team member **MUST** be under 16 years & One  
team member **MUST** be 16 years or over

Both Team Members – **MUST** perform the same pattern in unison, from the traditional TAGB patterns list below.

Yellow and Green Belt

Patterns Chon-Ji to Yul Gok.

Blue and Red Belt

Patterns Yul-Gok to Chung Moo.

Black belt

Any Black Belt Pattern (including Chung Moo).

Both team members perform the pattern applicable to the lowest grade in the team.

A competitor can compete in 2 SEPARATE categories but only in ONE TEAM per category

ALL TEAMS TO REGISTER ON THE DAY, £10 PER TEAM.

IF THERE IS ONLY ONE TEAM IN ANY CATEGORY, THEY WILL BE AWARDED GOLD.

AWARDS – 1 x GOLD; 1 X SILVER; 1 X BRONZE (Per Team Member)